



Harley Street at Home

MENOPAUSE

Angharad Boyson



Angharad Boyson is the Coach and Relationship Manager for Women Returners.

Her first career was in the Royal Air Force where she spent 17 years combining operational roles with coaching, mentoring, and facilitating junior officers. Since leaving the RAF, she retrained as a coach and took a 3-year career break whilst living in Australia. During this time, seeing amazing women on career breaks made her very motivated to help women boost their potential in their careers, regardless of length of time away from it.

She likes to help people create their own successful and balanced strategies to cultivate a happy life on their own terms.

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