



Harley Street at Home

Menopause

Endometrial Cancer and Obesity

The Link

- Endometrial cancer is quite strongly linked with obesity
- A BMI of 42 increases the risk by roughly 10-fold
- 35% of all endometrial cancer is directly related to obesity
- We're experience an obesity epidemic - endometrial cancer cases are increasing



Potential Treatments

- Treatment is thought to need to reduce endogenous oestrogen and improve insulin resistance to reduce endometrial cancer risk
- Weight loss - linked to changes in the endometrium and overall general health
- Progestins (which are synthetic versions of progesterone) - such as the MIRENA coil

