



# Harley Street at Home

## MENOPAUSE

# Dr Rachel Hines



Dr Rachel Hines is a Menopause Specialist and GP specialising in Women's Health. She has completed the advanced menopause special study module with the Faculty of Sexual and Reproductive Healthcare and is on the British Menopause Society Specialist Register. Dr Hines takes a holistic approach towards assessing and treating menopause symptoms to ensure personalised and most appropriate care, taking personal and family history into consideration. She prescribes hormonal replacement therapy and testosterone, and non-hormonal alternatives.

Dr Hines's private menopause clinic is at Miss Claire Mellon & Associates at the Portland Hospital. She provides face to face, video and telephone consultations. She also provides contraceptive care including coil (copper and mirena) and Nexplanon fitting, well women checks and cervical smears in her clinics.

Dr Hines graduated from the University of Leeds in 2001. She then moved to London and continued her training, qualifying as a GP in 2006. She has diplomas in Sexual and Reproductive Healthcare, Gynaecology and Child Health and has specialised in Women's health throughout her career. Her NHS GP practice is in Crouch End, North London. She worked for Islington Federation Community Gynaecology service for the past 4 years, recently finishing to increase her sessions at Claire Mellon & Associates.

Dr Hines also works for Holland and Barrett as a Menopause Specialist GP for their new app, H&B&Me.

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